

September 2025 – Global C Food Menu

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
1 	2 Lunch/Supper Beef taco bowl -2oz Cheese -2oz Rice -2oz Mixed vegetables -4oz Fresh Fruit -3oz Low fat Milk- 8oz Snack 100% Fruit juice -6oz Doritos -1oz	3 Lunch/Supper Corn dog -3oz WG Breading -1oz Potato Tots -4oz Fresh Fruit -3oz Low fat Milk -8oz Snack 100% Fruit juice -6oz Cheez-its -1oz	4 Lunch/Supper Chicken Breast -2oz WG bun -2oz cheese -2oz Pickles -4oz Fresh Fruit -3oz Low fat Milk- 8oz Snack 100% Fruit juice -6oz Animal cookies -1oz	5 Lunch/Supper 2 slices of Pizza -2oz WG Crust -2oz Tomato sauce -4oz Pickles -4oz Fresh Fruit -3oz Low fat Milk- 8oz Snack 100% Fruit juice -6oz Pop-corn -1oz
8 Lunch/Supper Chop Burger- 2oz Cheese -2oz Rice -2oz Potato Tots -4oz Fresh Fruit -3oz Low fat Milk- 8oz Snack 100% Fruit juice -6oz Doritos -1oz	9 Lunch/Supper Cajun Pasta- 2oz Chicken -2oz Mixed vegetables -4oz Fresh Fruit -3oz Low fat Milk- 8oz Snack 100% Fruit juice -6oz Gold-fish -1oz	10 Lunch/Supper Hot dog -2oz Bun -2oz Potato Tots -4oz Fresh Fruit -3oz Low fat Milk -8oz Snack 100% Fruit juice -6oz Graham crackers -1oz	11 Lunch/Supper Turkey Breast -2oz WG bun -2oz cheese -2oz Pickles -4oz Fresh Fruit -3oz Low fat Milk- 8oz Snack 100% Fruit juice -6oz Chex-mix -1oz	12 Lunch/Supper 2 slices of Pizza -2oz WG Crust -2oz Tomato sauce -4oz Pickles -4oz Fresh Fruit -3oz Low fat Milk- 8oz Snack 100% Fruit juice -6oz Cheez-its -1oz
15 Lunch/Supper Mac & cheese- 2oz Cheese -2oz Pasta -2oz Mixed vegetables -4oz Fresh Fruit -3oz Low fat Milk- 8oz Snack 100% Fruit juice -6oz Doritos -1oz	16 Lunch/Supper Burger- 2oz Cheese -2oz Bun -2oz Potato Tots -4oz Fresh Fruit -3oz Low fat Milk- 8oz Snack 100% Fruit juice -6oz Graham crackers -1oz	17 Lunch/Supper Chicken Nugget- 3oz WG breading -1oz Potato Tots -4oz Fresh Fruit -3oz Low fat Milk- 8oz Snack 100% Fruit juice -6oz Gold-fish -1oz	18 Lunch/Supper Turkey Breast -2oz WG bun -2oz cheese -2oz Pickles -4oz Fresh Fruit -3oz Low fat Milk- 8oz Snack 100% Fruit juice -6oz pop-corn -1oz	19 Lunch/Supper 2 slices of Pizza -2oz WG Crust -2oz Tomato sauce -4oz Pickles -4oz Fresh Fruit -3oz Low fat Milk- 8oz Snack 100% Fruit juice -6oz Doritos -1oz
22 Lunch/Supper Baked pasta -2oz Cheese -2oz Tomato sauce -2oz Mixed vegetables -4oz Fresh Fruit -3oz Low fat Milk- 8oz Snack 100% Fruit juice -6oz pop-corn -1oz	23 Lunch/Supper Beef taco bowl -2oz Cheese -2oz Rice -2oz Mixed vegetables -4oz Fresh Fruit -3oz Low fat Milk- 8oz Snack 100% Fruit juice -6oz Animal cookies -1oz	24 Lunch/Supper Corn dog -3oz WG Breading -1oz Potato Tots -4oz Fresh Fruit -3oz Low fat Milk -8oz Snack 100% Fruit juice -6oz Gold-fish -1oz	25 Lunch/Supper Chicken Breast -2oz WG bun -2oz cheese -2oz Pickles -4oz Fresh Fruit -3oz Low fat Milk- 8oz Snack 100% Fruit juice -6oz Graham crackers -1oz	26 Lunch/Supper 2 slices of Pizza -2oz WG Crust -2oz Tomato sauce -4oz Pickles -4oz Fresh Fruit -3oz Low fat Milk- 8oz Snack 100% Fruit juice -6oz Doritos -1oz
29 Lunch/Supper Chop Burger- 2oz Cheese -2oz Rice -2oz Potato Tots -4oz Fresh Fruit -3oz Low fat Milk- 8oz Snack 100% Fruit juice -6oz Gold-fish -1oz	30 Lunch/Supper Rice - 2oz BBQ Chicken -2oz Mixed vegetables -4oz Fresh Fruit -3oz Low fat Milk- 8oz Snack 100% Fruit juice -6oz Doritos -1oz			WG – Whole Grain WW = Whole Wheat <u>This institution is an equal opportunity provider.</u> 1% unflavored milk or fat-free flavored milk served to participants. All participants are aged 6 or older All snacks are whole grain.